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METHODIST MANSFIELD

New president takes helm at Methodist Mansfield



Juan Fresquez

Methodist Health System has named Juan Fresquez the new president of Methodist Mansfield Medical Center. Fresquez is no stranger to Dallas-Fort Worth. He began his career at Parkland and has more than 28 years of acute care hospital management experience. He most recently served as chief operating officer of Carondelet St. Joseph's Hospital in Tucson, Arizona, a 486-bed acute care facility where he was instrumental in improving patient satisfaction, quality, and financial performance. Before his three years at Carondelet, he served as the chief operating officer at Houston Northwest Medical Center for four years.

Fresquez earned a bachelor's degree in nuclear medicine with specialization in physics at the University of the Incarnate Word and an MBA from the University of Phoenix. He and his wife of 29 years, Carla, are happy to be back in Texas.

"Fresquez is an outstanding leader with a proven track record in operational excellence," says Pamela Stoyanoff, CPA, FACHE, president and chief operating officer at Methodist. "His background and experience will be a perfect complement to the Methodist Mansfield culture and our mission to improve and save lives in our communities with the highest level of quality, care, and compassion."

"I am looking forward to serving the community and working closely with the dedicated staff, physicians, and volunteers at Methodist Mansfield," Fresquez says. "It's an honor to have been given the opportunity to lead this exceptional team, and I am committed to continuing the tradition of providing the best care possible to people living in Mansfield and the surrounding communities."



Health informatics working to improve Methodist data literacy



Brian Kenjarski, MD, MBA, FACP, vice president and chief medical informatics officer

Since Methodist's implementation of Epic two years ago, health informatics has identified the valuable tools, such as quick access to reports that can improve patient care and operational efficiency, that are not being used to their fullest potential.

In Epic, the term Cogito refers to all things related to Epic dashboards and Epic day-to-day reporting. In December 2018, health informatics, through the department of clinical data management, recruited two brand-new Cogito business analysts (CBAs) to improve campus-based data literacy and expand system usage of Epic dashboards and day-to-day reporting. Currently, CBAs are working with Methodist leaders to clean up and validate information dashboard by dashboard — beginning with our patient safety and quality, emergency department, and operating room dashboards.

Most important, the CBAs will be working on-site at the various campuses at least two days a week, training clinicians how to access self-service data and analytics offerings in Epic. The CBAs are starting up a Cogito power-user program in May that will involve representatives from each campus. This group of power users will lead the effort to prioritize work on Epic dashboards and day-to-day reports that are

Health informatics working to improve Methodist data literacy continued from cover

most useful to clinicians in an effort to optimize Epic data and analytics availability on a self-service basis.

For help with Epic dashboards at Methodist Dallas and Methodist Richardson Medical Centers, contact John Kelley at johnkelley@mhd.com. For help at Methodist Charlton and Methodist Mansfield Medical Centers, contact Ben Jacob at benjaminjacob@mhd.com.

Your Epic dashboards also include access to Epic Learning modules, where a wealth of tips and tricks are archived to make your experience using Epic more user-friendly. For questions about the Epic Learning Home Dashboard, contact the health informatics training team at epictraining@mhd.com.



Digital distribution starting this summer

Progress Notes is going digital soon! The production team is transitioning the publication from print to an online version this summer. There will be a limited number of printed copies in the hospital lounges, but we will no longer be mailing the publication to individual physicians.

Why are we making this change? We want to make sure we are sending out timely and relevant content. This will allow us to work faster and get you the information you need on a more routine basis. Plus, we heard from some of our physicians that they would prefer to have digital communications for their health system news. Please reach out to your campus' physician liaison to make sure your email address is up to date so you continue to receive *Progress Notes*.

Email me *Progress Notes*

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METHODIST MANSFIELD

Methodist Mansfield POB II now officially open



The new Professional Office Building II on the Methodist Mansfield campus officially opened May 1 at a noon ceremony with the Mansfield Area Chamber of Commerce and community members in attendance.

The new 82,000-square-foot, four-story building at the corner of Hospital Drive and Matlock Road has the following tenants:

Suite 130 — John Willis, DO, Mike McInnis, MD, and Jeremy James, DO, internal medicine; Amber Hyde, MD, and Tzietal Davidson, PA-C, family medicine; Lindsey VanDyke, DO, endocrinology; and Darien Bradford, MD, cardiothoracic surgery.

Suite 140 — Sarju Waghela, DO; Shrinivas Diggikar, MD; and Lixin Liao, MD, hematology and oncology; Allison DiPasquale, MD, and Katrina Birdwell, MD, breast surgery.

Suite 234 — Richard Meyrat, MD, and Nimesh Patel, MD, neurosurgery, and Antonio Rozier, MD, physical medicine and rehabilitation, and Trevor Kraus, MD, pain management.

Plans are underway for several more offices and an ambulatory surgery center. If you would like leasing information, please contact Scott Sperling at 214-947-7837.

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Methodist collaborates with VNA Meals on Wheels to lower readmission rates



Methodist is collaborating with VNA Meals on Wheels in Dallas on an innovative, nutrition-based program targeting senior-age patients at risk for hospital readmission. The grant-funded program offers daily wellness checks and hot meals for patients following hospital discharge protocols to help prevent unnecessary emergency department visits and readmissions.

To be eligible for the program, patients must meet the requirements outlined by VNA, which include:

- Recently discharged from any Methodist acute care hospital
- A resident of Dallas County
- Age 60 or older
- Monthly income is less than \$2,300
- Diagnosed with a chronic disease (patients receiving hemodialysis are not eligible).

To refer an eligible patient, or learn more about the VNA – Methodist collaboration, contact Stacie Anderson, MPH, DSRIP project manager, at stacieanderson@mhd.com.

Doctors can now ‘zoom’ in for OB-GYN grand rounds

A new learning opportunity for Methodist physicians kicked off on March 13. With Zoom video conferencing, OB-GYN physicians on other campuses can remotely view grand rounds discussions and presentations taking place through the Methodist Dallas Obstetrics and Gynecology Residency Program.

Ashley Alvarez, program coordinator with the OB-GYN Residency Program, spearheaded the project. She says the idea sparked from a conversation with Paul Lansdowne, MD, CPE, FACOG, medical director, physician service excellence at Methodist Mansfield.

“He expressed interest in coming to the Wednesday morning grand rounds lectures hosted here at Methodist Dallas,” Alvarez says. “But because of time and location, he was unable to come. We talked about a tele-video conference, and it just kind of jump-started from there.”

Garrett Caudle, senior network engineer in information systems, suggested using Zoom technology so physicians could remotely view grand rounds from their computers or smart devices.

Alvarez says, “I told Garrett what we wanted to do, and he jumped right in and made it happen.”

She says that this is a new opportunity for the medical staff to come alongside the aspiring physicians for learning opportunities.

METHODIST CHARLTON

Neurosurgical services expanded with clinic hours, emergency consults



On March 1, Methodist Charlton expanded the neurosurgical services offered at the hospital. Neurosurgeon Randall Graham, MD, and Kylie Rutherford, PA-C, with the Methodist Brain and Spine Institute, will provide inpatient consultations and offer expanded outpatient clinic hours on Tuesdays and Fridays at Methodist Charlton.

In addition, Dr. Graham will begin performing noncomplex and minimally invasive spine procedures at the hospital. Dr. Graham and Rutherford will not only support hospitalists and emergency department physicians needing neurosurgical consultations, but they will also allow our patients to receive necessary care while at Methodist Charlton rather than be transferred to another facility. Please welcome them both to the Methodist Charlton community.

Hospital garners national attention for Facebook Live heart surgery



Viewers tuned in from all over the country and beyond to watch a live transcatheter aortic valve replacement (TAVR) on Methodist Richardson's Facebook page. Cardiothoracic surgeon Derek Williams, MD, and interventional cardiologist Nhan Nguyen, MD, both on the hospital medical staff, performed the successful procedure on Thursday, Feb. 21. Asad Mohmand, MD, interventional cardiologist on the Methodist Richardson medical staff, narrated the surgery, and Mark Smith, MD, FACS, chief medical officer, answered viewers' questions online.

The family of the patient, 82-year-old Jim Klodnicki of Plano, watched the surgery live. Jim left the hospital the next day and is doing well. In fact, he watched the video of his own TAVR and commented on Facebook, "Do you believe in miracles?"

The surgery has been watched more than 100,000 times so far and was covered more than 75 times on TV stations across Texas and in other cities, including Chicago, Atlanta, and Philadelphia. This is the third surgery that Methodist has featured live on Facebook.

Hospital first in Dallas-Fort Worth to provide MARS therapy to adult patients



On Jan. 18, Sonu Varghese, BS, RN, CCRN-K, and Belinda Cruz, BSN, RN, CCRN, became the first nurses in Dallas-Fort Worth to care for an adult patient using MARS.

This past January, Methodist Dallas became the first hospital in Dallas-Fort Worth to provide molecular adsorbent recirculating system (MARS) therapy to adult patients. A rescue therapy for patients with liver failure who are waiting for a transplant, this "liver dialysis" helps detoxify the blood by selectively removing albumin-bound toxins the way the liver does.

Soon after the ICU team completed their training on the system, a patient who could benefit from the procedure was transferred to the hospital. Because this was an urgent case, the team had to come together quickly to prepare a protocol in two days so they could provide treatment.

Parvez Mantry, MD, gastroenterologist and transplant hepatologist with The Liver Institute at Methodist Dallas, says the treatment was successful. "The patient, who suffered from acute liver failure, was able to live long enough to receive a liver transplant a week later."

Among the team members involved were Roberto Collazo-Maldonado, MD, nephrologist on the medical staff at Methodist Dallas; Sonu Varghese, BS, RN, CCRN-K, nursing education specialist; and Belinda Cruz, BSN, RN, CCRN, staff nurse in the ICU.

Cancer program gets three-year accreditation with commendation



Methodist Dallas' cancer program underwent a triannual survey by the American College of Surgeons Commission on Cancer (CoC) on Feb. 28 and passed with flying colors. The hospital was granted a three-year accreditation with commendation, which is

only awarded to facilities that exceed standard minimum requirements for accreditations.

New community pharmacy opens at Methodist Dallas



Fallon Nicolosi, PharmD, retail pharmacy manager, Methodist Community Pharmacy, assists one of the first visitors inside the health system's new pharmacy.

Methodist has opened a new wholly owned retail pharmacy, Methodist Community Pharmacy. A ribbon-cutting event on April 17 marked the opening of the new pharmacy. Conveniently located in the lobby of Methodist Dallas, the pharmacy will serve health system employees, members of the community, patients, and visitors. It is currently open from 9 a.m. to 5 p.m. Monday through Friday; extended and

weekend hours of operation will start in mid-June. Jon T. Albrecht, MHA, RPh, BCNSP, FASHP, vice president of pharmacy services at Methodist, says a lot of people put in work to make sure the pharmacy would come to fruition. "I think everyone will be pleased with the service and value they will receive," he says.

The pharmacy offers over-the-counter medications and has started filling prescriptions for employees who are on the Methodist (Optum) insurance plan. By mid-June, most insurance plans will be accepted and patient prescriptions will start being processed.

Albrecht adds that a second pharmacy location at Methodist Charlton has been approved. It is currently planned for the hospital lobby in the former admitting space. The tentative opening is set for December 2019.

METHODIST DALLAS

NKF honors transplant patient



Maribel Gutierrez (right) and her daughter, Jessica Gutierrez (left), shown here with her son, were honored by the National Kidney Foundation for allowing their transplant to be streamed live on the Methodist Dallas Facebook page. Their transplant surgeon Richard Dickerman, MD, FACS, also shown here, spoke at the event honoring the mother and daughter.

ceremony at the Westin Galleria Dallas in February. "She gave her daughter life twice," said Richard Dickerman, MD, FACS, transplant surgeon on the medical staff at Methodist Dallas, when he paid tribute to Maribel.

Dr. Dickerman, together with Alejandro Mejia, MD, FACS, also on the medical staff at Methodist Dallas, performed the transplant. More than 100,000 have watched the surgery on Facebook for a total of more than 1,700 hours!

The National Kidney Foundation (NKF) Serving Texas honored Methodist Dallas patient Maribel Gutierrez this past winter. Maribel donated a kidney to her 20-year-old daughter, Jessica, as tens of thousands watched on our first Facebook Live event in June 2018.

Maribel received the Gift of Life award for raising awareness of organ donation at a

METHODIST CHARLTON

CDU relocated and IMC expanded to improve patient care

Methodist Charlton recently made changes to its clinical decision unit (CDU) and intermediate care unit (IMC) to enhance the patient experience and care delivery.

Methodist Charlton relocated its CDU to a newly renovated space on F4. These renovations have helped create a more comfortable space for patients awaiting transitions to a higher level of care. David Molengraaf, BSN, RN, director of emergency services, applauded all the teams who played a role in helping make this move happen. "A huge thank you to the CDU team and many others who made this a smooth relocation for our patients," he says.

The hospital also recently expanded the IMC by adding 12 beds. During high census times, which Methodist Charlton regularly experiences due to the high volume of traffic in the emergency department (ED), the greatest need for beds has usually been in the IMC. Having 12 additional beds for intermediate care will help reduce the number of patients holding in the ED and will open up more critical care beds for patients who are ready to move out of the ICU.

Methodist Charlton President Fran Laukaitis, MHA, BSN, RN, FACHE, says creating more space will improve how patients perceive the hospital. "We believe having these 12 additional intermediate care beds will help improve patient flow, patient care, and the overall patient experience," she says.

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VITAS hospice unit brings expert end-of-life care

Leaders of VITAS and Methodist Dallas gather for a photo during the VITAS grand opening. From left, James Wright, VITAS regional medical director; Ralph Cox, VITAS associate medical director; Leslie Cler, MD, Methodist Dallas chief medical officer; Marilyn Conley, VITAS general manager; Nick Westfall, VITAS CEO; John Phillips, Methodist Dallas president; and Raymond Munoz, MD, Methodist Dallas hospitalist.



Physicians on the Methodist Dallas medical staff now have an on-site option for terminally ill patients whose symptoms require a higher level of care: a 16-bed hospice inpatient unit (IPU) managed by VITAS® Healthcare.

“We are proud to have this level of care available to patients and families across the DFW area,” says Methodist Dallas President John Phillips, FACHE. “We are equally proud that VITAS has chosen Methodist Dallas to host this vital service.”

Located on the fifth floor of Schenkel Tower, the new 13,000-square-foot VITAS IPU opened Feb. 6. The unit features private rooms, two family areas, a kitchen, children’s area, overnight family accommodations, and support space for team meetings and family consultations. For more information, call 800-938-4827.

Encouraging minority students to consider careers in healthcare



J. Darryl Amos, MD, FACS, CPE, spoke about the challenges and successes he has encountered throughout his almost 30-year career during the Black Men in White Coats event.

Methodist Health System recently took part in Black Men in White Coats, an initiative of DiverseMedicine Inc., which aims to improve diversity within the medical profession. The event was organized in response to a report from the Association of American Medical Colleges revealing that more African-American males applied to medical school in 1978 than in 2014 — a dramatic decline in enrollment.

The full-day event at UT Southwestern welcomed nearly 1,500 students, parents, and educators. Methodist Charlton and Methodist Dallas each sponsored the event.

Cynthia Mickens Ross, director of community relations and external affairs at Methodist Charlton, engaged the Best Southwest school districts, which sent two busloads of students from Duncanville and Lancaster ISDs. Laura Motta Mena, PhD, director of community and public relations at Methodist Dallas, recruited J. Darryl Amos, MD, FACS, CPE, executive medical director of trauma centers at the Charlton, Dallas, and Mansfield campuses, and emergency medicine physician on the Methodist Dallas medical staff, to serve on a physician panel. Merridith Simpson, SHRM-CP, CDP, director of human resources at Methodist Charlton, served as master of ceremonies.

METHODIST MANSFIELD

Celebrating National Doctors’ Day



Methodist Mansfield honored more than 100 physicians in March during a special National Doctors’ Day breakfast and lunch, followed by a physician appreciation event.

Physicians were recognized for giving tirelessly of themselves each and every day. We are grateful for their dedication, commitment to quality, and continual service to Methodist and the community.

Mammogram Poster Girls raise \$50,000 for breast cancer screening



Sheri Mathis, founder of Mammogram Poster Girls (left), presents a check for \$50,000 to Methodist Charlton team members (from left) Linda McKoy, RT(R)(M), mammography manager; Sandy Sharp, community outreach coordinator; and Amber Long, MBA, BSN, RN, OCN, CPHQ, director of cancer program administration.

Methodist Charlton Women's Imaging Center received a \$50,000 donation on Jan. 16 to help fund mammograms for women and men who would otherwise be unable to afford them. The donation will enable Methodist Charlton to provide more than 300 free mammograms.

Studies show that those who take part in a breast cancer screening program have a 60 percent lower risk of dying from the disease in the 10 years after diagnosis and a 47 percent lower risk 20 years after diagnosis. In short, getting tested saves lives.

Funds were raised during the Mammogram Poster Girls' 2018 Shop Eat Drink PINK! VIP event.

Share your medical mission or service trip story with us!



Scott Layman, Hoyt Slade, and Amber Smith visit with patients in line to get their recetas médicas, or prescriptions, filled during a mission clinic in February. The trio, who work on the Methodist Mansfield campus, volunteered with a medical mission called Heart for Honduras.

through compassionate, quality healthcare outside the health system. Email Sarah Cohen (sarahcohen@mhd.com) with details about your recent medical service, including the date and destination, and we'll consider it for future blog articles.

We're still looking for more submissions for our recently relaunched Mission to Medicine series on our *Shine Online* blog.

The stories we feature in the series focus on Methodist employees and physicians on our medical staff who have participated in medical service outside the hospital. Our goal is to highlight people who are living out Methodist's mission to improve and save lives

Surgeon named chair of surgery at the TCU and UNTHSC School of Medicine



Rohan Jeyarajah, MD, FACS

The TCU and UNTHSC School of Medicine has appointed Rohan Jeyarajah, MD, FACS, as its first academic chair of surgery. He will lead the planning, operations, and oversight within the school's surgery department. Dr. Jeyarajah is the director of gastrointestinal surgical services and director of Hepato-Pancreatico-Biliary Surgery Fellowship and Advanced Gastrointestinal Surgery Fellowship programs at Methodist Richardson.

"Dr. Jeyarajah is an ideal addition in the critical department of surgery for our medical school," says Stuart Flynn, MD, dean of the TCU and UNTHSC School of Medicine. "His surgical talents and knowledge about the complexities of surgery are a valuable asset to our faculty and students."

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METHODIST RICHARDSON

Campus earns stroke recertification from The Joint Commission

Methodist Richardson is proud to announce The Joint Commission has recertified the hospital as an Advanced Primary Stroke Center. The surveyor had minimal findings and renewed the certification. Congratulations to stroke coordinators Beena Mathai, MSN, RN, CCRN, and Danielle Cooper, RN, as well as all of the team members who played a role in this achievement.

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New physicians on the Methodist medical staff

The board of directors approved the following providers as members of the Methodist Health System medical staff between December 2018 through March 2019.

METHODIST CHARLTON

OB-GYN
Basiouni M. Basiouni Jr., DO
Luann K. Hassan, MD

OPHTHALMOLOGY
Steven M. Reinecke, MD

SLEEP MEDICINE
Terry S. Peery, DO

METHODIST DALLAS

CRITICAL CARE MEDICINE
Dhruvangkumar A. Modi, MD

HOSPITALIST
Elwaleed Elnagar, MD
Salman A. Raheem, DO

INTERNAL MEDICINE
David R. Ruiz-Bello, MD

NEONATOLOGY
Jennifer L. Boswell, MD

OB-GYN
Sadiah A. Khandaker, MD
Loan N. Nguyen, MD

PAIN MANAGEMENT
Eric R. Jenkins, MD

PULMONOLOGY
Harsh N. Patel, MD

METHODIST MANSFIELD

FAMILY MEDICINE
Erica L. Sails, MD
Muhammad T. Siddique, MD

GASTROENTEROLOGY
Suwebatu T. Odunsi-Shiyanbade, MD

GENERAL SURGERY
Andre Graham, MD

HOSPITALIST
Brian K. Nelson, MD

INTERNAL MEDICINE
Denise K. Bruckerhoff, DO

NEPHROLOGY
Fahad Alobaidi, MD
Huda Arif, MD
Bradley T. Long, MD

PAIN MANAGEMENT
Alan M. Sheydwasser, MD

RADIOLOGY, DIAGNOSTIC
Lulu L. Tenorio, MD

RADIOLOGY, Teleradiology
Jason W. Wachsmann, MD

RADIOLOGY, WOMEN'S IMAGING
Magda Rizer, DO

UROLOGY
Dominic H. Tang, MD

METHODIST RICHARDSON

ANESTHESIOLOGY
Frederick H. Browder, MD
Zachary S. Jones, MD
Shoyab A. Panchbhaya, MD
Sigurdur S. Sigurdsson, MD
Timothy P. Sims, MD
Keshava G. Suresh, MD
Ashley D. Wood, DO

FAMILY MEDICINE
Palaniappan Arumugham, MD
Hassan Imam, MD

GERIATRIC MEDICINE
Neeta G. Nayak, MD
Anthony K. Nguyen, DO
Marina T. Vengalil, MD

HEMATOLOGY/ONCOLOGY
Tobenna I. Nwizu, MD

INTERNAL MEDICINE
Hashim A. Majeed, MD

NEUROSURGERY
William McCullough, MD

OB-GYN
Charmaine Sesay, MD
Mini Sreedevi, MD

PEDIATRICS
Tina M. Isaac, DO

PODIATRY
Jaytinder S. Sandhu, DPM

PSYCHIATRY
Bagyalakshmi Arumugham, MD

RADIOLOGY, DIAGNOSTIC
Michael D. Gouvion, MD
Feng Jiang, MD
Fah S. Leong, MD

VASCULAR SURGERY
Shonda L. Banegas, DO
Todd A. Spencer, MD