passion

## WHEN VISIONS ALIGN

practice



2017 CROSSROADS ANNUAL REPORT



### FROM OUR LEADERS:

# 1921

Methodist Health System Foundation is committed to continuing this legacy of inspiration and trust, and we are proud to help Methodist fulfill its Vision 2020 - to be the trusted choice for health and wellness. If your vision aligns with ours, we invite you to learn more about our mission-driven work and to serve alongside us for a healthier, safer North Texas.

Sincere regards,

R. Stive Joboon Jo M.

### **R. STEPHEN FOLSOM**

Chairman of the Board of Trustees Methodist Health System Foundation

## When Visions Align, Inspiration Sparks

The year eight men in a Sunday school class had a vision to provide healthcare with compassion to those in greatest need

While these men might have been too humble to call themselves visionaries, we argue that their legacy proves otherwise. A visionary is defined as "a person with strong and creative imaginative power and, often, the ability to inspire others." By making their vision visible in the Golden Cross Ministry, these men inspired the Methodist Health System of today. In 1927, the original Methodist Hospital of Dallas opened its doors, and the rest is history - and legacy.

Our growth and success over the past 90 years rest not only on the shoulders of our founders' but also on the shoulders of those who have shared and supported their vision. Ih the last 90 years, thousands of physicians, employees, and donors have worked to strengthen Methodist Health System, allowing countless men, women, and children to benefit from our care.

In the last year, two intertwined themes in particular have permeated our culture at Methodist. The first is celebrating our 90-year legacy; the second is centered on trust.

They say that for trust to exist, at least one of three things must be in place – a shared motivation, a recognized capability, or a demonstrated reliability. We wouldn't have made it nine decades without being trustworthy stewards and without others trusting us with their healthcare, their families, and their resources. You'll meet several of them in these pages - donors who share our motivation, healthcare providers who prove our capability, and patients who depend on our reliability.

JAMES M. JOHNSTON

President Methodist Health System Foundation

STEPHEN L. MANSFIELD, PHD, FACHE

President and CEO Methodist Health System

## Motivation: A Shared Mission to Serve Others

The Golden Cross Ministry began in 1921, conceived through the faith and commitment of a group of men at First United Methodist Church in Dallas. Their desire to bring healthcare to the underserved has evolved into the Methodist Health System of today. The motivation to help others is still our driving force — and it's shared by everyone in the Methodist family, including donors like Beth and Chuck Thoele and patients like Stephanie and Marcus Sparks. These families both have a passion for sharing their time, talents, and gifts with others.

Foundation board member Beth Thoele and her husband, Chuck, are longtime supporters of Methodist Health System.

Number of Methodist Health System locations throughout the Metroplex as of January 2018

Leadership Award for over a decade.

blessed with was yours to share."

Before starting a family, the Thoeles volunteered together, tutoring students at Trinity River Mission. Later, they taught their own children the importance of helping others. The Thoeles' daughter, Brooke, went on to become a social worker and started her career at Methodist Dallas Medical Center. The work that Brooke did at the hospital is what inspired Beth to join the Foundation board, deepening the family's connection with Methodist's mission.

MethodistHealthSystem.org/Foundation.

## Making Service a Family Tradition

For Chuck and Beth Thoele, service is more than a responsibility - it's a way of life and a source of joy. The Thoeles have supported Methodist Health System Foundation for years, along with many other Dallas organizations, including Genesis Women's Shelter & Support, Interfaith Housing Coalition, and Lovers Lane United Methodist Church, to name a few. Beth serves on the Foundation board of trustees, and Chuck's wealth management firm, RGT, has supported the Robert S. Folsom

"My enthusiasm for volunteer work came from my mother," Beth says. "She's an incredibly generous, faith-driven woman who taught us that whatever you were

## 165,075 Total number of hours served by hospital volunteers for Methodist Health System throughout 2017

"We've been impressed with how well Methodist serves the community, so if there's a way we can support those efforts, we want to do it," Chuck says. "We've seen firsthand that anything you do for Methodist, whether giving financial support or volunteering your time, has a wide-reaching impact."

There are many ways to connect with Methodist Health System Foundation. To learn more, visit

## MedAssist Program Ministers to Patients in Need

Marcus and Stephanie Sparks both have a heart for service. Marcus plays the organ at church and helps others reach their financial goals through a family business, while Stephanie runs Wonderfully Created Ministries, which focuses on helping young women affirm their identity and dignity in Christ. When the couple's family business fell on hard times and Marcus' health declined, they found themselves in need of assistance — and Methodist Health System was there to help.

For years, Marcus had operated a successful insurance business, but in 2016, many of his customers canceled coverage. The Sparkses not only lost their source of income but their own health insurance as well. When Marcus was hospitalized for blood clots in his leg, the couple didn't know how they would manage. Fortunately, Marcus was referred to MedAssist, a prescription drug assistance program supported by Methodist's Golden Cross Ministry. MedAssist connects patients with drug companies that provide high-priced medications at no cost and offers the support of a social worker, a health educator, and a pharmacy technician. Marcus was approved for follow-up treatment and medicine, and both he and Stephanie were also approved for diabetes care.

"We are so thankful that Methodist came to our assistance at our point of need," Stephanie says. "I believe that it's God's way of providing for us, and we'll never forget the labor of love that's been given to us."

With their basic healthcare needs met by Methodist, Marcus and Stephanie can now focus on helping others through their own ministries.

Today, the Golden Cross Ministry directly supports two services: MedAssist and Faith Community Nursing. To learn more about the Golden Cross Ministry, visit **MethodistHealthSystem.org/Golden-Cross-Ministry**.

\$3,348 Cost for one year's supply of diabetes medications for Stephanie and Marcus Sparks

5,549 Number of people served by MedAssist since the program began in 2006

> Number of churches partnering with Faith Community Nursing in 2017

## \$2.3 million

Total financial support from the Golden Cross Ministry for MedAssist since the program began in 2006

## Capability: Working Together to Make Healthcare Better

Methodist Health System's healthcare providers share a common goal: making healthcare better. Methodist Health System Foundation makes it possible to fund updated facilities, provide medical residents with an exceptional education, and improve nursing care for every patient.

Feresa Ortiz, BSN, RN-BC, was part of the team effort that earned Methodist Mansfield Magnet designation.

## 15

Number of nurses honored in 2017 in awards programs, including the *D* Magazine Excellence in Nursing Awards

## A Commitment to **Excellence** in Nursing

aone unhoticed.

ultimately affect patient care."

269 696

Methodist Health System's Nursing Vision is to transform the culture of nursing by inspiring and engaging our colleagues to be the most trusted and valued nurses in our community. Our nurses strive for relationship-based care rooted in integrity, compassion, accountability, respect, and excellence, and their dedication has not

Methodist Mansfield Medical Center and Methodist Richardson Medical Center both recently achieved the prestigious Magnet<sup>®</sup> recognition, a reflection of the hospitals' adherence to these standards of care. The Magnet Recognition Program<sup>®</sup> was developed by the American Nurses Credentialing Center to recognize healthcare organizations that provide nursing excellence.

Teresa Ortiz, BSN, RN-BC, resource staff nurse at Methodist Mansfield, exemplifies Methodist's commitment to nursing excellence. As co-chairwoman of the Nurse Practice Council, she has advocated for nursing laws and supported improvements across the healthcare industry. She helped bring pet therapy to Methodist Mansfield, collaborated on a policy to open an intermediate care unit, and helped patients beyond the hospital walls when she traveled to Haiti in 2012 for a medical mission. And along with her fellow nurses, an unwavering commitment to putting patients first helped the hospital achieve both Pathway to Excellence® and Magnet designations.

"I'm proud of Methodist Mansfield and feel we've truly earned Magnet recognition," Ortiz says. "It reflects how we are constantly striving to improve nursing, which will

The El Centro College Associate Degree Nursing Program at Methodist Health System provides aspiring nurses with an exceptional education and welcomes them to the hospital staff for their first three years of professional nursing. To learn more about this program, go to **MethodistHealthSystem.org/Nursing**.

> Number of nursing students graduating from the El Centro College Associate Degree Nursing Program at Methodist Health System since 2005

Specialty-certified nurses at Methodist hospitals, where several units outperform the national benchmark for the number of these nurses on staff

## Training Physicians for the Future of Medical Care

Methodist Health System is committed to serving the healthcare needs of our community – today and tomorrow. Our outstanding Graduate Medical Education (GME) residency and fellowship programs help meet these needs by consistently investing in the next generation of healthcare providers.

GME program leaders actively serve on medical boards and develop curricula to educate residents about key concepts at the forefront of medicine today, such as integrative medicine and patient-centered medical homes.

"Millennials are very educated, and the new generation of patients and doctors is seeking alternatives," says Brett Johnson, MD, family medicine physician and program director for the Methodist Charlton Medical Center Family Medicine Residency Program. "We're starting to see an emphasis on a broader approach to patient care, combining traditional medicine with alternative medicine, behavioral health, and wellness programs."

The Family Medicine Residency Program provides a global health curriculum, giving residents the opportunity to travel to underdeveloped countries to provide healthcare. The experience can be life-changing for these residents, who return with a new perspective on healthcare and a deeper compassion for patients.

21,142 Number of primary care physicians practicing in Texas in 2017, serving a population exceeding 28 million

In Texas and across the country, there is a growing demand for qualified physicians that is outpacing supply. Methodist's GME Program attracts the best and brightest future physicians and provides them with an excellent education, while bringing a valuable service to otherwise underserved patients in North Texas.

The shortage in primary care physicians underlines the importance of educating the next generation of doctors in family medicine. To learn more about Graduate Medical Education at Methodist, visit MethodistHealthSystem.org/GME.

can and, in turn, help a really underserved population," says Brett Johnson, MD, am director for the Family Medicir

## 88

0

Number of residents and fellows who trained in **Graduate Medical Education's** nine specialties in 2017

Methodist Charlton Medical Center

## **Reliability:** A Reputation Bigger Than Texas

Complex robotic surgeries and lifesaving organ transplants are just two areas of medicine that have bolstered Methodist Health System's reputation for excellence, drawing patients from great distances.

Jennifer Hubert, DO, shown here with her sons, came to Methodist Dallas for its renowned robotic surgery.

## 7,817

da Vinci robotic procedures that have been performed at Methodist hospitals from 2009 to 2017

her to Methodist Dallas Medical Center.

position on the liver.

2,143

A mother of two, Dr. Hubert was concerned about her family's future as well as her own, and she wanted to put worries about cancer behind her. A quick recovery was also critical to her work and personal life. Fortunately, a gastroenterologist friend referred her to Alejandro Mejia, MD, FACS, executive program director of organ transplantation at Methodist Dallas.

"I also felt Dr. Mejia understood me because he has children, too," Dr. Hubert adds. "It's important to have a surgeon with compassion, who answers questions and makes you feel you'll be okay in his hands."

Methodist Health System Foundation supports the development of technology across Methodist Health System, making minimally invasive procedures like Dr. Hubert's possible. Learn more about da Vinci® Surgical System procedures at MethodistHealthSystem.org/DaVinci.

## Going the Distance for Great Patient Care

When a doctor becomes a patient, trust in her physician is critical — and for Jennifer Hubert, DO, internal medicine physician in California, her search for a surgeon led

Dr. Hubert had been diagnosed with a benign liver tumor that doctors suspected had the potential to become cancerous. Knowing the possible benefits of robotic procedures – smaller incisions, less pain, faster recovery – she sought a California surgeon at some of the state's best institutions. None had the technical expertise to do the procedure robotically, especially in light of the tumor's precarious

### The farthest distance in miles a patient has traveled for robotic surgery at Methodist Dallas

"When another surgeon confirmed that Dr. Mejia could do my surgery 'with one hand tied behind his back,' that was it," she says. "I knew I had the right person and the right hospital." In July 2017, Dr. Mejia removed the tumor with no complications, and Dr. Hubert returned to work just four weeks later.

## Dedicated to Doing Our Best for Patients

Patients travel across the world to be treated by Methodist Dallas Medical Center's specialists — especially in the areas of pancreatic, liver, and kidney procedures.

"Our consistency also comes from a passion for bringing minimally invasive surgery options to patients," says Alejandro Mejia, MD, FACS, executive program director of organ transplantation at The Liver Institute at Methodist Dallas. "For example, we were pioneers in laparoscopic liver surgery here. We've been doing it for 12 years." Methodist Dallas was also one of the first hospitals in the country to offer the minimally invasive robotic Whipple procedure, integral in the fight against pancreatic cancer.

Dr. Mejia, who performs the robotic Whipple, is an advocate for minimally invasive surgery, which can reduce stress to the body and speed recovery times. "It's nice to send patients home faster and see them go back to their regular lifestyles sooner," he says.

With support from donors, Methodist Health System is working to create a new center dedicated to serving transplant patients and treating people with complex cancers of the liver and pancreas. To learn more, visit **MethodistHealthSystem.org/Foundation**.

1980

The year Methodist Dallas established its kidney transplant program. Since then, founder Richard Dickerman, MD, FACS, has performed 2,600 kidney transplants at the hospital.

1992The year the world's first heart-kidney-<br/>pancreas transplant was performed at<br/>Methodist Dallas

Alejandro Mejia, MD, FACS, executive program director of organ transplantation at Methodist Dallas, believes in advancing minimally invasive surgery to improve patients' lives.

## 99

Percentage of Methodist Dallas patients with a functioning kidney one year after transplant

"I am deeply humbled and honored to receive the Folsom Leadership Award," says Miller, who serves on the Foundation board and is co-founder of EnCap Investments LP. "It's special not only because of the highly distinguished prior recipients but also because of the man it's named after, Bob Folsom."

Presidential Center.

The Robert S. Folsom Leadership Award was created to recognize people whose demonstrated commitment and excellence in community leadership emulate the achievements of former Dallas Mayor Robert S. Folsom. Recipients of the award are selected for their accomplishments in making a lasting, positive change in the Dallas community and inspiring others to follow in their paths.

Learn how you can get involved with our annual Folsom event: MethodistHealthSystem.org/Folsom.

# \$2.2 million

Funds raised at the 2017 Folsom event, which will go toward the new Robert S. **Folsom Wellness Center** 

### Giving Energy to Methodist's Mission

David B. Miller is a leader in energy and investment – two terms that also describe his influence on Methodist Health System and our community.

Miller has generously given his personal energy and resources to numerous local nonprofits, including Southern Methodist University, Goodwill Industries of Dallas, and The Salvation Army DFW. Methodist Health System Foundation was pleased to honor Miller with its 2017 Robert S. Folsom Leadership Award, presented on Wednesday, Oct. 25, 2017, at the Hilton Anatole Hotel.

In tribute to Folsom's legacy, Miller designated that the funds raised would support the Robert S. Folsom Wellness Center, a new facility dedicated to maintaining and improving health for southern Dallas community members.

As part of the tribute to Miller, former President George W. and Laura Bush honored Miller two weeks before the celebration with a patron party at the George W. Bush

"This is a special night for me, but as we all know, it's really about generating resources for the mission of a 90-year-old Dallas institution," Miller said at the Folsom event. "For almost a century, Methodist has provided high-quality healthcare to this community. It serves as a beacon and a bridge to the southern part of our city and holds a unique place in the history of Dallas."

### A Vision for a Healthier Community

One of the best ways to become the trusted choice for health and wellness is to invest in others' health and wellness. That's why Methodist Health System is moving forward to establish the new Robert S. Folsom Wellness Center on the campus of Methodist Dallas Medical Center.

Generous donors are already stepping forward to make this \$17.3 million vision a reality. David B. Miller allotted the funds raised through the Robert S. Folsom Leadership Award dinner in his honor to this cause, and the Constantin Foundation and Mack Pogue have also shown their financial support. Methodist Health System Foundation aims to raise \$5 million toward the project.

The new two-story, 31,000-square-foot facility will be located next to the site of the existing Folsom Fitness and Rehabilitation Center. Features planned for the new center include:

- Advanced fitness equipment
- Lap/exercise pool, whirlpool, and two dry saunas
- Two group exercise studios
- Cycling studio
- Indoor walking track
- Demonstration/participation kitchen
- 2,100-square-foot conference and community room.



When it opens its doors in fall 2019, the Folsom Wellness Center will be ready to be yet another resource in building a healthier community.

If you would like to support the wellness center and the services it will bring to the Oak Cliff area, go to **MethodistHealthSystem.org/Foundation**.

# Vision 2020

Methodist's vision is to become the trusted choice for health and wellness.







- 1 Steve Folsom; David Miller; Jim Johnston; and Stephen L. Mansfield, PhD, FACHE
- 2 Bobby B. and Lottye Lyle; Ray and Nancy Ann Hunt; Gail and R. Gerald Turner, PhD; Ambassador Jeanne Phillips; and Carolyn and David B. Miller
- **3** John and Nita Ford
- **4** Linda and Mitch Hart
- 5 Magnus Wetterstrand and Sylvia Hargrave, MD













- 6 David B. Miller and family
- 7 Mike and Marla Boone
- 8 Brad and Angela Cheves and Ashlee and Chris Kleinert
- 9 Peggy and Mark Greige
- **10** Pete and Pat Schenkel, Riley Roberts, and Ford Clemons

### Past Robert S. Folsom Leadership Award Recipients

- 2005 Robert S. Folsom 2006 Nancy Ann Hunt
- 2007 Troy Aikman
- 2008 Laura Bush
- 2009 Norman Brinker
- **2010** Pat and Emmitt Smith
- 2011 Trevor Rees-Jones
- 2012 Michael M. Boone
- 2013 Rev. Mark Craig
- 2014 Bobby B. Lyle
- 2015 Jack Lowe Jr.
- 2016 R. Gerald Turner, PhD

## 2017 Folsom Patron Party















- R. Gerald Turner, PhD, and Gail Turner; Suzanne and Jim Johnston; Laura and President George W. Bush; Carolyn and David B. Miller; Ambassador Jeanne Phillips; Stephen L. Mansfield, PhD, FACHE, and Marilyn Mansfield; Lottye and Bobby B. Lyle
- 2 Beth and Chuck Thoele
- 3 John and Lori Collins
- **4** Ken and Julie Hersh
- 5 David B. Miller with patron party attendees and hosts Laura and President George W. Bush
- 6 Robert McCulloch and Elaine and Michael Redden
- 7 Don and Debbie Jarma and Sharon and Steve Folsom

### Our Donors

### **Corporations**, Foundations, and Organizations

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- \$123.7 million Total net assets of Methodist Health System Foundation at the end of fiscal year 2017

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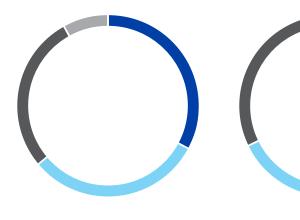
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### Disbursements to Methodist Health System

(Oct. 1, 2016, to Sept. 30, 2017)

- Capital and equipment.. .33%
- Scholarships and education..... 31%
- Community outreach and
- patient care. 28%
- MedAssist (medication support)...8%

Individuals... Associations..... Estates...

Corporations.....

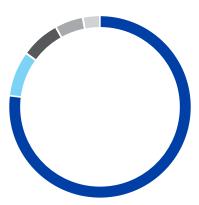
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